





# OUR PRODUCTS

*Where taste meets health in every bite*

**Valam ORGANICS**

## BAJRA Flour

*Valam's Bajra Flour a gluten free option that offers a nutritious & is a healthy addition to your meals.*

**Suggested Use**  
Mix bajra flour, salt, and warm water to form dough. Divide, roll into discs. Cook on hot tawa until brown spots appear. Flip, cook both sides. Apply ghee. Serve hot with curry or vegetables. This nutrient rich bajra flour has great digestive properties along with, a low glycemic index, high fiber content, is versatile in nature, & gluten free.

**Ingredients:** Bajra Flour  
Valam's Bajra Flour is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 121633300003  
GMO Free 100% Natural 100% Organic

Batch No: GSEVIM-L1-4AUG24  
BEST BEFORE: 25-AUG-2026

8 901079 626059

NET WT. 400 gms

**Valam ORGANICS**

## BARNYARD Millet

*Valam's Barnyard Millet is a nutritious & sustainable millet-based food product, offering a delicious blend of flavors & health benefits for conscious consumers.*

**Suggested Use**  
Soak for 30-60 minutes before cooking, suggested ratio of Barnyard Millet Water: For 0.5 cup of Barnyard Millet take around 1.5 cups. Boil until millets become soft. drain any excess water. It is a rich source of protein, carbohydrates, fiber & most notably micro nutrients like iron & zinc.

**Ingredients:** Barnyard Millet  
Valam's Barnyard Millet is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 121633300003  
GMO Free 100% Natural 100% Organic

Batch No: GSEVIM-L1-4AUG24  
BEST BEFORE: 25-AUG-2026

8901079626059

NET WT. 400 gms

**Valam ORGANICS**

## BOMBAY Rava

*Valam's Bombay Rava is durum wheat semolina. It has a sweet, nutty flavour and earthy aroma.*

**Suggested Use**  
Dry roast rava. Temper mustard seeds, urad dal, chana dal, chilies, ginger, onions, curry leaves. Sauté peas, carrots. Add water; boil. Stir in rava, cook covered until fluffy. Add lemon juice, garnish with coriander, serve hot. It is rich in iron, minerals and antioxidant. It does not contain any added preservatives or added flavour.

**Ingredients:** Bombay Rava  
Valam's Bombay Rava is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 121633300003  
GMO Free 100% Natural 100% Organic

Batch No: GSEVIM-L1-4AUG24  
BEST BEFORE: 25-AUG-2026

8 901079 626073

NET WT. 400 gms

**Valam ORGANICS**

## FOXTAIL Millet

*Valam's Foxtail Millet is a nutritious & gluten-free & is rich in essential nutrients, making it a healthy choice for various culinary applications.*

**Suggested Use**  
Use a 2:1 water-to-millet ratio, bring it to a boil, then simmer until the water is absorbed. Fluff it with a fork, & it's ready to serve as a side dish or base for other recipes. Valam's Foxtail millet offers gluten-free nutrition with dietary fiber, essential minerals, & vitamins, supporting digestive health & providing a low-glycemic index option.

**Ingredients:** Foxtail Millet  
Valam's Foxtail Millet is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 121633300003  
GMO Free 100% Natural 100% Organic

Batch No: GSEVIM-L1-4AUG24  
BEST BEFORE: 25-AUG-2026

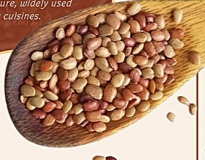
8 901079 626793

NET WT. 400 gms

**Valam ORGANICS**

# HORSE Gram

*Valam's Horse Gram known for its distinct taste and texture, widely used legume in many cuisines.*



**Suggested Use**  
Cook soaked horse gram with onions, tomatoes, ginger-garlic paste & spices. Simmer until tender. Blend into a thick gravy. Finish with cilantro & serve hot with rice or bread.  
It is highly nutritious and loaded with high protein, fiber, antioxidants, polyphenols, & flavonoids.

**Ingredients:** Horse Gram  
Valam's Horse Gram is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 112-163300000  
GMO Free 100% Vegetarian 100% Natural

Batch No: GSPVLM-L14AUG24  
BEST BEFORE: 25-AUG-2026  
8 901079 625062

NET WT. 400 gms

**Valam ORGANICS**

# FOXTAIL Semolina

*Valam Foxtail Semolina is a Gluten-Free & Nutritious alternative made from ground foxtail millet, providing a versatile & healthy option for various culinary creations.*



**Suggested Use**  
Valam's Foxtail Semolina can be used in a variety of dishes, including upma, porridge, idli, dosa, & baked goods, offering a nutritious & gluten-free twist to your favorite recipes.  
It's gluten-free, rich in fiber, protein, & essential nutrients promotes digestive health & provides a nutritious addition to your diet.

**Ingredients:** Foxtail Semolina  
Valam's Foxtail Semolina is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 112-163300000  
GMO Free 100% Vegetarian 100% Natural


Batch No: GSPVLM-L14AUG24  
BEST BEFORE: 25-AUG-2026  
8 901079 625062

NET WT. 400 gms

**Valam ORGANICS**

# KODO Millet

*Valam's Kodo millet is a nutritious ancient grain with a mildly nutty flavor, often used as a gluten-free substitute in various dishes.*



**Suggested Use**  
Rinse 1 cup kodo millet. Combine with 2 cups water, boil, then simmer for 15-20 mins. Fluff & let sit for 5 mins. Enjoy as a versatile, nutty grain in various dishes.  
Valam's Kodo millet is rich in fiber, nutrients, & antioxidants, promoting digestion & overall health.

**Ingredients:** Kodo Millet  
Valam's Kodo Millet is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 112-163300000  
GMO Free 100% Vegetarian 100% Natural

Batch No: GSPVLM-L14AUG24  
BEST BEFORE: 25-AUG-2026  
8 901079 625062

NET WT. 400 gms

**Valam ORGANICS**

# JOWAR Semolina

*Valam's Jowar Semolina is a Gluten-Free & Nutritious alternative made from ground jowar grains, packed with essential nutrients & perfect for those with*



**Suggested Use**  
Valam's Jowar Semolina can be used to prepare a variety of dishes such as upma, porridge, pancakes, dosas, idlis, & baked goods like bread & cookies. Provides a wholesome & gluten-free option for your meals with its gluten-free, rich in fiber, protein, & essential nutrients, supporting digestion, muscle development, & overall health.

**Ingredients:** Jowar Semolina  
Valam's Jowar Semolina is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 112-163300000  
GMO Free 100% Vegetarian 100% Natural

Batch No: GSPVLM-L14AUG24  
BEST BEFORE: 25-AUG-2026  
8 901079 625731

NET WT. 400 gms

**Valam ORGANICS**

# JOWAR Flour

*Valam's Jowar Flour is a nutritious gluten-free option rich in dietary fiber, vitamins, & minerals, widely used in various culinary applications.*



**Suggested Use**  
Mix jowar flour with water & spices to make a dough, then roll & cook like flatbreads (rotis), or use in baking for gluten-free cookies, muffins, & pancakes. Valam's Jowar flour offers a gluten-free, nutrient-dense alternative with high fiber & essential minerals for improved digestion & overall health.

**Ingredients:** Jowar Flour  
Valam's Jowar Flour is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 112-163300000  
GMO Free 100% Vegetarian 100% Natural

Batch No: GSPVLM-L14AUG24  
BEST BEFORE: 25-AUG-2026  
8 901079 625735

NET WT. 400 gms

**Valam ORGANICS**

# LITTLE Millet

*Valam's Little Millet, with its nutty flavor, is a versatile rice substitute known for high nutritional value.*



**Suggested Use**  
Boil 2 cups water or broth, add millet, season, simmer covered for 15-20 mins. Rest, fluff with fork, serve as desired.  
Little Millet's high dry insoluble fibre & low glycemic index aid digestion, regulate glucose release and make it ideal for diabetics.

**Ingredients:** Little Millet  
Valam's Little Millet is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
Airworks Enterprise Pte. Ltd. (Singapore)  
+65 68108276 / 88599402

**fssai** 112-163300000  
GMO Free 100% Vegetarian 100% Natural

Batch No: GSPVLM-L14AUG24  
BEST BEFORE: 25-AUG-2026  
8 901079 625991

NET WT. 400 gms

**Valam ORGANICS**

# RAGI Flour

*Valam's Ragi Flour is naturally gluten-free, offering a versatile alternative in cooking and baking.*

**Suggested Use**  
 Toast ragi flour in ghee. Boil water separately, add toasted flour. Stir continuously to avoid lumps. Add sugar, cardamom powder, & more ghee. Cook until thickened & ghee separates. Garnish with nuts, serve warm. Its high fiber content supports digestive health by aiding digestion, preventing constipation, & promoting a sense of fullness, making it beneficial for weight management diets.

**Ingredients:** Ragi Flour  
 Valam's Ragi Flour is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
 Airworks Enterprise Pte. Ltd. (Singapore)  
 +65 68108276 / 88599402

**fssai** 12160300000  
 GMO Free 100% Vegan 100% Natural

Batch No: OSVVAL114AU024  
 BEST BEFORE: 25-AUG-2026

8 901079 620942

NET WT. 400 gms



**Valam ORGANICS**

# ROASTED Chana Dal

*Valam's Roasted Chana Dal is a gluten-free, unsaturated plant protein source, rich in nutrients and ideal for healthy diets.*

**Suggested Use**  
 Roast chana dal, grind with coconut, green chilies, ginger, tamarind paste, & salt until smooth. Temper mustard seeds, curry leaves, & hing in oil; add to chutney. Adjust seasoning, serve chilled. Promotes bone health, manages blood pressure, supports heart health, & enhances insulin sensitivity.

**Ingredients:** Roasted chana dal  
 Valam's Roasted Chana Dal is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.


**Specially Packed for:**  
 Airworks Enterprise Pte. Ltd. (Singapore)  
 +65 68108276 / 88599402

**fssai** 12160300000  
 GMO Free 100% Vegan 100% Natural

Batch No: OSVVAL114AU024  
 BEST BEFORE: 25-AUG-2026

8 901079 620928

NET WT. 400 gms



**Valam ORGANICS**

# RAJMA Chaitra

*Valam's Rajma Chaitra is superior to the regular rajma and very soft feel and more delicate flavour.*

**Suggested Use**  
 Soak rajma overnight. Pressure cook with water. Sauté onions, garlic, ginger, green chilies. Add tomatoes, spices (cumin, coriander, turmeric, garam masala). Cook until oil separates. Add cooked rajma, simmer. Garnish with cilantro, serve with rice. Packed with protein, fiber, and antioxidants, & promotes digestive health & boosts immunity.

**Ingredients:** Rajma Chaitra  
 Valam's Rajma Chaitra is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
 Airworks Enterprise Pte. Ltd. (Singapore)  
 +65 68108276 / 88599402

**fssai** 12160300000  
 GMO Free 100% Vegan 100% Natural

Batch No: OSVVAL114AU024  
 BEST BEFORE: 25-AUG-2026

8 901079 620600

NET WT. 400 gms



**Valam ORGANICS**

# WHEAT Daliya

*Valam's Wheat Daliya offers a nutritious, low-calorie feast in every bite.*

**Suggested Use**  
 Sauté oil and gumin in the Instant Pot. Add onion, ginger, & chili. Cook for 3 minutes. Add carrots, peas, and dalia. Add water, turmeric, & salt. Pressure cook for 8 minutes. Garnish with cilantro. Abundant in essential nutrients such as fiber, protein, Vitamin-D, and Manganese, this multifaceted ingredient elevates classic dishes.

**Ingredients:** Wheat Daliya  
 Valam's Wheat Daliya is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.


**Specially Packed for:**  
 Airworks Enterprise Pte. Ltd. (Singapore)  
 +65 68108276 / 88599402

**fssai** 12160300000  
 GMO Free 100% Vegan 100% Natural

Batch No: OSVVAL114AU024  
 BEST BEFORE: 25-AUG-2026

8 901079 620673

NET WT. 400 gms



**Valam ORGANICS**

# CHICKPEA Flour

*Valam's Gluten-free besan, rich in fiber and high in protein, perfect for diverse dietary needs and restrictions.*

**Suggested Use**  
 Mix chickpea flour, water, cumin seeds, green chilies, grated ginger, and salt into a thin batter. Pour onto a hot, oiled pan. Cook until golden brown and crispy. Flip, cook briefly, and serve hot. It is a rich source of protein, carbohydrates, fiber & most notably micro nutrients like iron & zinc.

**Ingredients:** Chickpea Flour  
 Valam's Chickpea Flour is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
 Airworks Enterprise Pte. Ltd. (Singapore)  
 +65 68108276 / 88599402

**fssai** 12160300000  
 GMO Free 100% Vegan 100% Natural

Batch No: OSVVAL114AU024  
 BEST BEFORE: 25-AUG-2026

8 901079 620748

NET WT. 400 gms



**Valam ORGANICS**

# BESAN

*Valam's Besan is Made from 100% Chana Dal & also is free from Adulteration*

**Suggested Use**  
 Heat ghee and oil in a thick pan. Roast besan till golden, stir in nuts. Cool completely. Add milkmaid, mix well. Divide into 24 parts & shape into laddus. Besan is rich in fiber, iron, potassium, manganese, copper, zinc, phosphorus, magnesium, folate, vitamin B-6 and thiamine.

**Ingredients:** Besan  
 Valam's Besan is hygienically packed & undergoes rigorous & stringent quality checks. Meets FSSAI food safety norms.

**Specially Packed for:**  
 Airworks Enterprise Pte. Ltd. (Singapore)  
 +65 68108276 / 88599402

**fssai** 12160300000  
 GMO Free 100% Vegan 100% Natural

Batch No: OSVVAL114AU024  
 BEST BEFORE: 25-AUG-2026

8 901079 620697

NET WT. 400 gms





[www.myairworks.net](http://www.myairworks.net)



+65 8903 7976 | +65 8859 9402